



SCOTTISH
CHILDREN'S LOTTERY
Trust

IMPACT
REPORT
2022





for Scotland's mental health

SCOTTISH
CHILDREN'S LOTTERY

Pay **The Scottish Association for Mental Health**

**Ten thousand
pounds**

£ **10,000.00**

For and on behalf of

**Chance to
Flourish**

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FOREWORD FROM THE CHAIR



**"THANK YOU FOR THE
AMAZING WORK YOU ARE
DOING - A LIFESAVER FOR US AND
I'M NOT SAYING THAT LIGHTLY"**
Charity Beneficiary

It gives me great pleasure to provide the foreword of the 2022 Impact Report for the Scottish Children's Lottery Trust. The report presents the highlights of The Trust's activities over the past year ending the 31st of December 2022.

In the closing months of 2021, The Scottish Children's Lottery changed ownership with MBC Lotteries acquiring the Lottery from STV ELM Ltd. STV had felt the time was right to establish new owners and the acquisition provided an ideal opportunity to evaluate the strategy and provide a platform to consider a number of areas relating to the Lottery's proposition. From the perspective of the Charity, we were keen not only to develop it into a leading grant provider but also one that will promote, advance and further our charitable purposes. More detail around the steps we have taken to achieve this goal are covered in the report.

It is always worth reminding ourselves that since launch in 2016, a combined total of over £7.3 million has been distributed to charities that supported over 150,000 children and young people throughout Scotland. We have endeavoured to ensure that the recipients of our grant making promote education, health, skills and social development, community engagement and citizenship of children and young people, across all local authority regions.

The past three years have been extremely challenging for the whole country as we dealt with the far-reaching impacts and effects of the COVID-19 pandemic and just as we started to move back to some sort of normality we found the country having to deal with a cost of living crisis. Consequently our recently focus has been on supporting charities who are facing the combined challenges of increasing demand for their services coupled with huge cost pressures.

The country is still witnessing an increase in prices for many essential goods which is stretching the ability of household budgets to pay for life's essentials, or worse having to make

decisions on whether to heat or eat. As we know, the cost-of-living crisis considerably affects low-income families, children and young people in Scotland. Many are already facing the impact of poverty, financial hardship, disability, illness or socio-economic disadvantage.

None of us are immune to the impact of the crisis but the Scottish Children's Lottery Trust has still managed to distribute over £723K to 186 charities in 2022. This has included our response to the ever-worsening economic climate by ensuring our final funding window of 2022 specifically focused on projects and activities that will support an amazing 20,000 children and young people through the cost-of-living crisis.

To conclude my welcome, I would like to take the opportunity to thank a number of people. It is only right that I should start with all of the great charities in Scotland who support our children and young people. I know you need the grant makers to help you meet your objectives in supporting the needs of the people of Scotland who use your services. You are all making a fantastic difference to their lives. A thank you to my fellow Trustees, who give their time and expertise, freely and willingly to ensure the proceeds of the lottery go to those organisations who we believe can do the most to help. Their support and guidance to me has been invaluable.

My final thank you, and the most important one is to all of you who continue to play the Lottery. Without your support we would not be able to help as many good causes as we do and consequently, make a real difference to the lives of the children and young people in Scotland.

Ken Barclay
Chair of Scottish Children's Lottery Trust

MAKING A DIFFERENCE TO CHILDREN IN SCOTLAND

Time seems to have disappeared since I took up my role with the Scottish Children's Lottery Trust in November 2021, probably due to how busy we have been in 2022, much of which has been covered by our Chair, Ken Barclay in his welcome.

The hopes and aspirations at the start of the year seemed so promising, we were moving out of the pandemic, children and young people were returning to what would be seen as a 'normal' position. Schools full of keen learners, bustling playgrounds, sports, activity groups and events returning to busy schedules, then just as the light was reaching full strength, the Cost-of-Living Crisis brings a devastating new challenge to children, young people and their families and carers.

This was represented by the sheer volume of funding applications we received in 2022, our busiest since our creation in 2016. The unprecedented amount just highlighting the real struggles facing children and young people across the length and breadth of the country.

I made a priority to visit as many charities as I could during 2022, to listen to the challenges they were facing, whether that be directly linked to the Cost-of-Living Crisis, or in their day-to-day activities, which focused on ensuring that children and young people in Scotland have the opportunity to grow and develop to their full potential.

The resilience and innovation shown by the third sector always amazes me. I sometimes feel embarrassed to be caught out in this way, almost like I didn't expect it, although I should, as I know how

fantastic the charities are that we support, always there, delivering their services to those they help and the wider community around them.

The range of services and activities being delivered by the charities that the Scottish Children's Lottery Trust have provided grant funding to this year is truly remarkable, from Lochaber Wheeled Sports Societies Fort William Bike Park, to Who Cares? Scotland's series of national events for Care Experienced children and young people in Scotland. Each project, whether big or small, held within a local community or country wide, making a positive difference to children and young people's lives.

2023 looks like it will provide the same challenges, but I am looking forward to working with as many charities as I can, helping them achieve their goals and aspirations.

Scott Millar
Head of Charity Operations

**"THANK YOU FROM THE
BOTTOM OF MY HEART YOU
HAVE GIVEN MY CHILDREN SUCH
AMAZING MEMORIES ALREADY
THIS YEAR"**
Charity Beneficiary





SCLT SUPPORTS 20,000 KIDS IN COST-OF-LIVING CRISIS

In December 2022, in what was one of our busiest funding windows to date, where we received an unprecedented volume of applications, our final activity of the year was to distribute £265,000 of grant awards to 75 charities. This will provide much needed support to 20,000 children and young people across Scotland in dealing with the Cost-of-Living Crisis.

The cost-of-living crisis began in 2021 and is still ongoing. If anything it is becoming worse. The country is witnessing an increase in prices for many essential goods which is stretching the ability of household incomes to pay for the mere essentials, or even worse having to make decisions on whether to heat or eat.

As we know, the cost-of-living crisis considerably affects low-income persons and those at the margins of society, and will definitely impact children and young people in Scotland who are already facing the impact of poverty, financial hardship, disability, illness, or socio-economic disadvantage.

The Scottish Children's Lottery Trust have been listening to the numerous charities that we have supported in recent years and felt we needed to respond to the ever-worsening economic climate.

Our final funding window of 2022 specifically focused on projects and activities that support children and young people through the cost-of-living crisis. The funding provided will aim to alleviate some of the burden brought about by the cost-of-living crisis.

Charities who deliver their services and projects in Scotland were able to apply for a maximum award of £5,000. The funding could be used for, but not limited to, purchasing basic necessities like food, clothing, bedding and heating for children and/or young people.

A selection of the charities that received funding through are Cost-of-Living Crisis Fund are featured further on in the Impact Report.



* 20 of the charities received their funding awards in January and February 2023

A NEW BEGINNING

Since the launch of the Scottish Children's Lottery in August 2016, the scheme has benefitted four society lotteries. Each of the society lotteries were operated by a Scottish Charitable Incorporated Organisation, also known as a SCIO.

The four SCIO's were, Chance to Flourish, Chance to Study, Chance to Succeed and Chance to Connect and were regulated by the Office of the Scottish Charity Regulator, also known as OSCR.

The transfer of ownership of the Scottish Children's Lottery from STV ELM Ltd to MBC Lotteries Ltd provided the ideal opportunity to not only consolidate all that has been achieved since 2016 but drive the organisation forward over the coming years.

All four SCIO's had embedded a solid footing and a fantastic base from which the organisation could move forward from and in late 2021, steps were made to harness the new opportunity.



CONSOLIDATION

Following Gambling Commission changes to lottery proceed threshold limits, the first and most important aspect of the transition was the move from four separate society lottery charities, which distribute the funding provided raised through the Scottish Children's Lottery, to just one single charity.

The consolidation of the four charities into one simplifies the governance of the current model, removes any level of confusion, makes things easier for charities to apply for funding and allows the players of the Scottish Children's Lottery to hear about the impact their support is having on local communities throughout Scotland. The charitable purposes of all four SCIO's will be represented in the remaining charity.

The consolidation also allowed for the creation of a new charity name, introducing the Scottish Children's Lottery Trust, the grant-providing charity linked to the Scottish Children's Lottery.

BUILDING RELATIONSHIPS AND RAISING AWARENESS

Striving to be a leading grant provider in Scotland means we need to adapt the way we interact with those charities that apply for funding through the Scottish Children's Lottery Trust. This includes how we actively engage with raising the awareness of all that we do and also the work of the charities we support.

We want to build meaningful relationships with those charities that we support, from the initial contact we have with the charity, assisting them through the application process, being visible when their project or activity is live and staying in contact once our funding has come to an end.

We will provide a platform for charities to engage with us, answer their questions when they are embarking on the application process, being approachable and open to conversation.

We will ensure that we are flexible in the goals, objectives, and outcomes that are set during the successful funding of projects so that charities can utilise the secured funding in the way that suits them best. After all, the charities are the ones with the knowledge and expertise in delivering their highlighted projects.

As we get to know the charities that we support we will look to highlight the work they do within their local communities by providing them with the platform to share their journey.

At the centre of this approach will be storytelling.

Storytelling is an exceptionally powerful tool that can be used to engage and connect with not only the charities that we support but also allow a positive spotlight to be shown on their excellent work. A single story goes far beyond simply relaying facts and data and can be a highly effective tool to create synergy between the reader/viewer and the charities.

Our platforms for sharing these stories will be through our website, our social media channels and the commercial lottery website.

**"I DIDN'T THINK IT WAS
POSSIBLE TO ACHIEVE
EVERYTHING THAT I HAVE"**
Charity Beneficiary

CHARITY FOCUS



"Ensuring that children and young people in Scotland have the opportunity to grow and develop to their full potential"

When you wish upon a Star, a charity with a simple mission, to grant the wishes of children living with a life-threatening illness, received a grant of £15,000 from Scottish Children's Lottery Trust to support their Magical Memories Ball 2022!

With 250 people in attendance, an incredible day of fun, laughter, dancing, singing and precious memory making was delivered at Prestonfield House Hotel in Edinburgh.

Those attending came from all over the country; the furthest Northern family attending the ball was from the Inverness area. The event catered for some children that were still receiving

treatment, newly diagnosed families, or children in remission. For many of the families, the ball was the first in person event they have had the chance to attend in over two years due to the pandemic, an incredibly powerful moment for the families. The ball also welcomed three families who were attending in memory of their child, who the charity had previously granted a wish to.



The charity believes every child deserves to smile. The power of a wish gives the children and their family so much hope, increases the child's confidence and has even been reported to show an improvement in the child's physical and mental health. From these experiences, the children and families draw strength, courage, and the resilience to carry on.

"I am proud that we have reached our next milestone post pandemic for large in person Wish events and its only with your incredible support to our work that we are in the position to do so. Playing your part to help bring our Magical Memories ball to fruition, for this we can't thank the Scottish Children's Lottery family enough."

We can't thank everyone enough for choosing to believe in our Wish granting work and supporting the gift of memory making for Scotland's most deserving children and their families. The Magical Memories Ball was an incredible time which brought our Wish family together for the first time as a large in person event since December 2019." Judith King - Scotland Regional Fundraiser



2022 - OUR YEAR IN NUMBERS

186
grant
awards*

£723k
in grant
awards
made*

£7.3m
distributed to
Scottish charities
since 2016



Over **45,000**
children and
young people
supported in
2022

Supported
over
150,000
children and
young people
since 2016

Awarded over
700
grants to
charities
since 2016



Largest grant **£20,000**



Smallest grant **£500**

3,365 miles travelled visiting
over **80** charities

329

applications received

£3.5m

in funding requests

BREAKDOWN OF ACTIVITIES FUNDED

Cost of Living Crisis / Alleviating Poverty

45%
74 grant awards

Health & Wellbeing

16%
27 grant awards

Sport & Outdoor Activity

11%
19 grant awards

Afterschool Care, Holiday Clubs and Trips Away

11%
19 grant awards

Early Years, Education & Employment

9%
15 grant awards

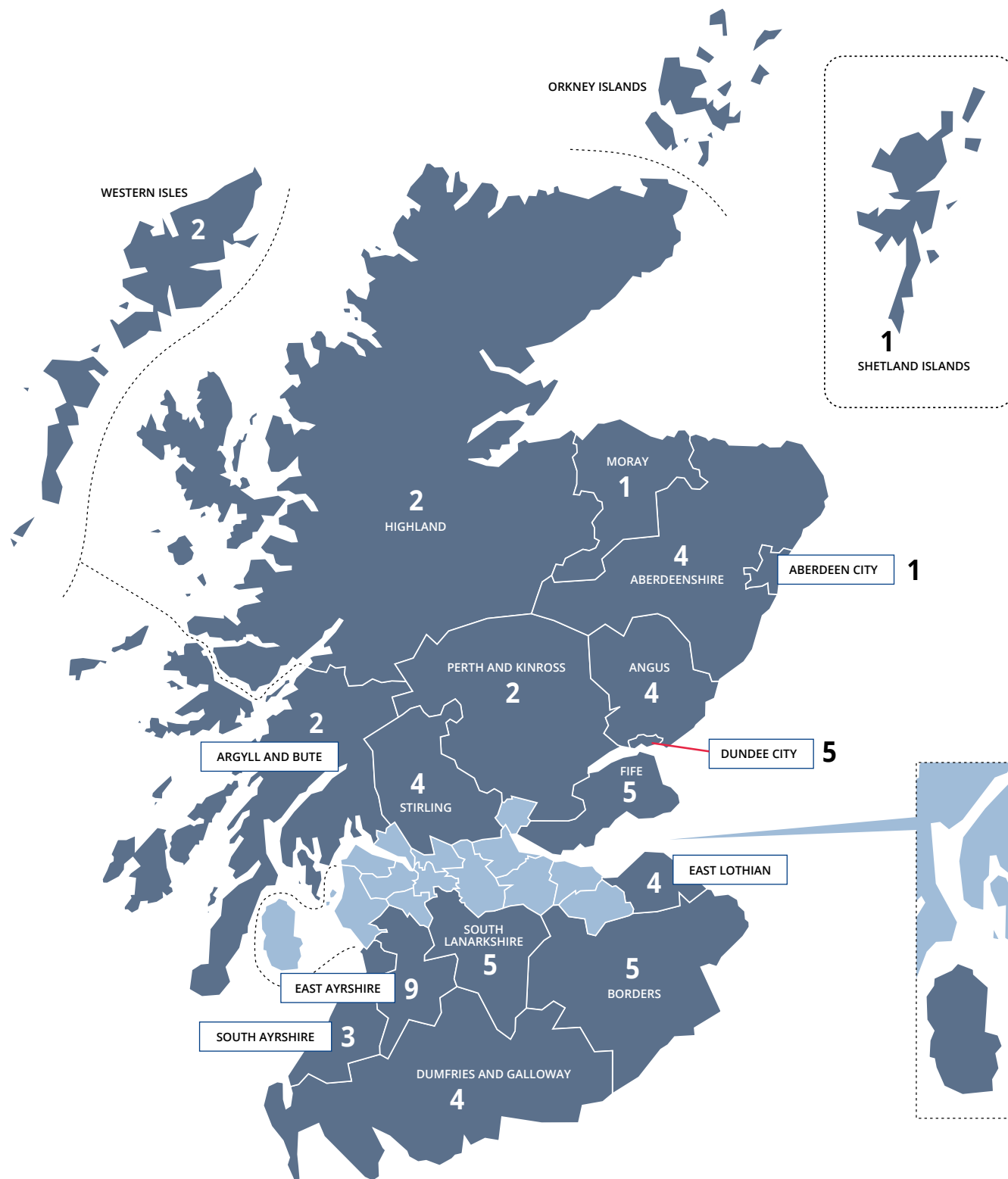
Arts

4%
6 grant awards

Facilities

4%
6 grant awards

* Please visit page 22 for full breakdown of grant awards

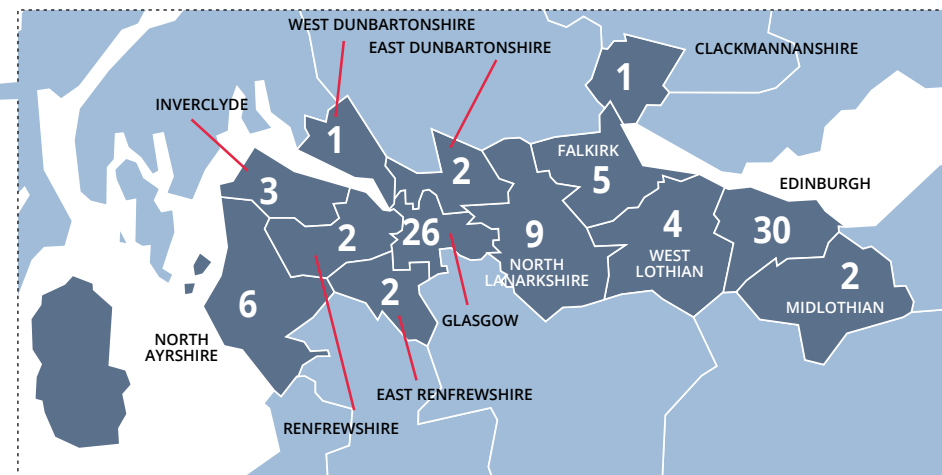


SCOTTISH CHILDREN'S LOTTERY Trust

SUPPORTING SCOTLAND WHERE IT MATTERS

The Scottish Children's Lottery has provided over £723,000 in funding assistance to a total of 180 charities, supporting 45,000 children and young people across the country during 2022.

This map shows the spread of those charities by region, from Shetland to the Borders. We should note that some charities received more than one funding award in 2022 or delivered their projects and activities over multiple regions, hence the difference between total grant awards made and number of activities taking place across the country.



CHARITY FOCUS



Stable Life supports disadvantaged young people and their families in the Scottish Borders who are experiencing personal challenges in their lives. By utilising Equine Assisted Learning (EAL) and Equine Assisted Therapy (EAT), the organisation help young people to look at their current situation and learn to develop positive coping strategies, discover a sense of self, learn transferable life skills and look to a healthier and happier future with empowered choice, aspiration and dreams.

In December 2021, the organisation received £15,000 to support a structured programme for young people over a period of a year which included Equine Assisted Learning, riding lessons and psychosocial based interventions. The young people took part in group work sessions or 1:1 individual sessions depending on the needs of the young person.



The sessions used horses and a peaceful space as a tool to build up positive and trusting relationships, encouraging responsibility and increase confidence by positive reinforcement in achievable tasks. Each session incorporated ground work with the horse as well as a riding lesson and specific activities covering issues such as anger management, communication, relationships, positive thinking, managing emotions, teamwork, building resilience, gaining coping strategies and giving the young people the ability to deal with their issues and make informed choices.

With the funding received, 75 young people directly benefitted from attending Stable Life's activities. This included 41 young people participating in group sessions and 34 young people participating in 1:1 sessions, with 7 advancing to participate in group sessions.

After completing their course, the young people told Stable Life that:

- 93% had an increase in confidence
- 88% had an increase in resilience and social skills
- 84% increased their life skills
- 81% had an increase in their well-being



“ A has had a very positive experience at Stable Life which has had a positive impact on how he manages his behaviour. It has given him much needed time to talk and be himself away from what can be a very chaotic family life ”

“ X found Stable Life a place he could go to where he felt he was not under pressure. It was a calm, caring, environment where he could achieve. He was able to work as part of a team but as his confidence and self-esteem improved he also became more independent. ”

“ This is the first time I have felt proud of myself ”

SCOTTISH
CHILDREN'S LOTTERY

Pay **When You Wish Upon a Star**

**Fifteen thousand
pounds**

£ **15,000.00**

For and on behalf of

**Chance to
Flourish**

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When you wish upon a Star
Supporting Children's Lottery
Dream making for sick children

CHARITY FOCUS



Friends of the Award Edinburgh and the Lothians support vulnerable young people by working in schools, youth organisations and enhanced complex needs units in disadvantaged areas of the Lothians.

In 23 years, the organisation has supported over 20,000 14 to 24-year-old hard to reach learners and young people with enhanced special needs. Working with young people is completed on a 1:1 basis or in small groups, supporting them towards a range of positive outcomes based on achieving national nature-based awards using outdoor adventure activities, volunteering and learning new skills as the tool. This includes the Duke of Edinburgh's Award, John Muir Award, Climate Awards and Lowland Leader Awards Opportunities to enable 'wider achievement' and accredited award outcomes in ways that meet specific needs.

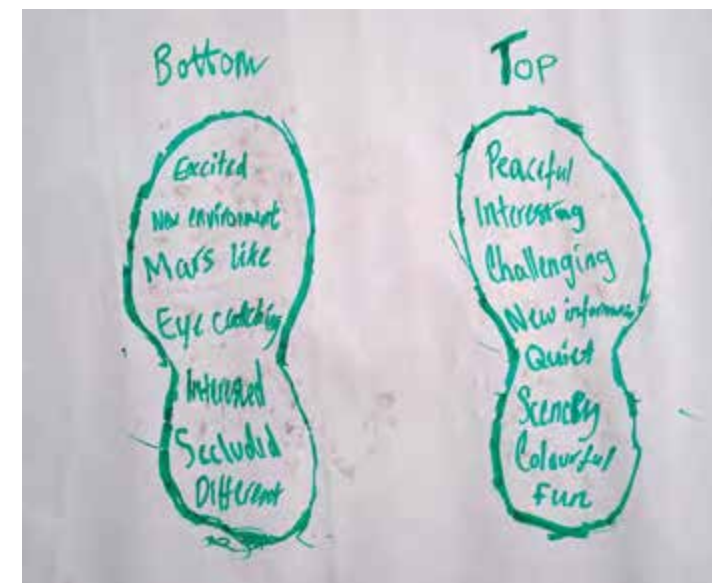
In December 2021, the organisation received £18,000 from the Scottish Children's Lottery Trust to support the ongoing costs associated with the employment of the charities Mental Health and Youth Awards Support Officers. Each Officer provide regular 1:1 support meetings with young people who struggle with their mental health and may face additional barriers. This support is collaborative and delivered with a shared aim of achieving awards. The participants may be working towards a bespoke combination of awards to meet their unique aims and interests, including (but not limited to) the Duke of Edinburgh Award and the John Muir Award. The support is ongoing and can continue up until age 25, which allows for a self-paced approach to support and development.

[Images courtesy of Friends of the Award Rob Bushby]



Some of the young people's achievements are listed below:

- One young person had some experience of gardening with their family and often wondered about pursuing it as a skill; they were supported to join a local community gardening group as part of their Duke of Edinburgh volunteering section, which ignited their passion for gardening and conservation, and they have now begun a course in Rural Skills at college.
- Another young person is a keen and talented writer who was supported to lead a creative writing group as part of their Duke of Edinburgh volunteering section.
- One young person completed an incredible conservation trip as part of their Duke of Edinburgh Residential, on the Isle of Eigg, with Green Volunteers.
- 34 unique Duke of Edinburgh Sections completed, including community gardeners, charity shop assistants, conservation volunteers, animal care, support work, community organisers, and creative writing volunteers, as well as keen guitarists, bass players, crocheters, and painters.



- Positive destinations included going to university to study Law, re-engaging with school, college, full-time employment, work experience placements and engagement with mentoring services such as MoveOn.

CHARITY FOCUS - COST OF LIVING CRISIS FUND



Not all children are born with an equal chance. Aberlour has a vision to overcome disadvantage of poverty and discrimination so that every child in Scotland has the best start in life and the chance to thrive.

Aberlour supports children, young people and families who are struggling to cope. They help families who are trapped in poverty, young people who are care experienced and/or at risk of exclusion, and empower parents struggling with ill mental health, addiction, and domestic abuse to provide a safe and nurturing environment for their children.

The charity has first-hand experience of witnessing the strain of the pandemic on families who are desperately trying to recover from two volatile years under the pressure of crippling costs of living. Their problems have been exacerbated, spiralling out of control and many are finding themselves in crisis. With the highest inflation rate for 30 years, families on low incomes are the hardest hit. The average family are spending an additional £20 a week on food and energy compared to March 2020, many skipping meals to save on food bills and experiencing mounting unmanageable debt (Source: Which? Consumer Scotland 2022 Report).

"I would like to say a very big thank you for the support you gave us this Christmas. Like many families we are really struggling to manage the limited budget we have. Knowing there are people out there supporting and caring for us gives me hope and reduces the level of anxiety and stress experienced when times are hard. The children and I managed to have a happier Christmas knowing that we could heat our home."

"THANK YOU FOR HELPING IN THESE HARD TIMES. THE £50 FOOD VOUCHER HELPED ME SO MUCH, IT TOOK THE STRESS AWAY FROM NOT BEING ABLE TO GET FOOD FOR MY KIDS."

Father supported by Aberlour's Urgent Assistance Fund

Parents are telling the charity:

"Day to day life is a struggle. It just feels like an existence. We're surviving but we're not thriving."

"I convince my kids to cuddle up with blankets and pretend we're having a snug night, but in reality it's because I can't afford to have the heating on."

"It's been very noticeable that food prices are rising almost weekly, even the cheaper store own brands. Our energy bill has doubled already and going up again next month. It is very worrying."

Aberlour received £4,000 from the Scottish Children's Lottery Trust to support their Urgent Assistance Fund. The fund provides immediate relief to families who are struggling to provide for their children and require basic necessities like food, clothing, bedding and heating.

Since the start of the pandemic the organisation has helped over 14,000 children and their families in every local authority of Scotland and our grant award will help them support around 50 children and their families.



CHARITY FOCUS - COST OF LIVING CRISIS FUND



Fife Gingerbread is a grassroots organisation supporting families in Fife with a vision to 'create better todays and brighter tomorrows' for children and young people growing up in complex households affected by multiple barriers.

They are committed to delivering projects and services that are part of the solution to child poverty. Findings gathered through their Annual Survey indicated that 62% of families who responded were surviving relative poverty, 74% reported poor mental health and 90% recorded at least one adverse childhood experience.

Last year, through their various projects, the organisation supported 647 families with 1,130 children and young people.

The charity received £4,000 from the Scottish Children's Lottery Trust to assist their annual appeal 'Heat and Eat' which supports their most vulnerable families. The money raised through the Annual Appeal helps to provide safe, warm and healthy homes for children and families, providing crisis support when needed. All the funding will directly benefit the families accessing the charities support.

A special focus was placed on helping families with a Festive Package, which can include toys, food and fuel and ensured that children and young people living in low-income households had a magical Christmas. The funding provided supported approximately 100 families. This is the fifth year of the campaign, and as they have seen in the past, support at this time of the year can make a huge difference to outcomes for children and families for the next twelve months.



The cost-of-living crisis is something we've all felt over the last few months with many of us tightening our purse strings. But what if there's nothing left to cut back on?

This is a question many families are facing in the middle of a cold winter where energy prices are soaring and even the basic essentials are too much to afford.

Cumbernauld & Kilsyth Care are one of the charities we supported with £4,000. With this, they provided blankets, winter woolies and wellies for children who would have otherwise had to go without.

As you can imagine, these offered comfort and relief for so many families struggling with poverty. Not only has it lightened some of the load for parents and carers but has also given children the confidence that they can fit in and won't be excluded from playing outside with their friends.

Thanks to Scottish Children's Lottery Trust funding, the charity was able to build on their outreach work and this led to them help even more children and young people in need. One girl, in particular, revealed how dire circumstances at home were and the charity was able to step in to provide hooded blankets and put her family in touch with additional services for ongoing support.

It's stories like this that remind us how important community spirit is and we're proud to support charities like Cumbernauld & Kilsyth Care who are ensuring no child goes cold in North Lanarkshire.



CHARITY FOCUS - COST OF LIVING CRISIS FUND



Home-Start is a local community network of trained volunteers and expert support helping families with young children through their challenging times. The organisation works with families in communities right across the UK.

Starting in the home, their approach is as individual as the people they are helping. No judgement, it is just compassionate, confidential help and expert support.

The Scottish Children's Lottery Trust supported four of the local Home-Starts with funding;

HOME-START RENFREWSHIRE AND INVERCLYDE received £4,000 and will enable the organisation to create a Cost-of-Living Support Project. The project will be used to purchase supermarket vouchers for low-income families, and with match funding from their local authority areas, they added an additional element to their existing groups, by providing a hot meal for everyone attending.

Many of the families the charity supports are facing multiple disadvantages including, financial hardship, social isolation, and poor mental health. With this funding they can directly engage families adversely affected by the impact of the cost-of-living crisis ensuring they have access to a hot meal, in a way that maintains dignity and respect. Furthermore, their experienced staff will be able to distribute supermarket vouchers, purchased with the funding, helping parents buy essential items for their children, and household, lessening the impact of the cost-of-living crisis. We believe that by providing holistic support to families we are directly impacting positive outcomes for children and young people.

HOME-START EAST LOTHIAN received £2,500 to deliver a new year hamper to all the families they support, something they have completed in the past and the feedback from families is how much this helps them especially at this specific time of the year.

With the cost-of-living pressure building on families, the organisation wanted to provide an extensive, more generous food hamper, with fresh food and cupboard staples to relieve the post-Christmas pressure, a time when families are really struggling with how to pay their bills and how to put food on the table for their

children. The charity delivered 50 hampers with families informing them:

"I am speechless!!! Thank you very, very much! Very kind of you all XX."

"Can't thank you enough. It has been ages since we have had branded shopping."

"Thank you so much - this will really help me to get to the end of the month!"



CHARITY FOCUS - COST OF LIVING CRISIS FUND

HOME-START STIRLING received £2,380 to create a Cost-of-Living Project which embeds their positive and purposeful relationships with the families they support. The charity currently supports 73 families but anticipate that this number will increase due to the high levels of stress that the cost-of-living crisis is having on families.

Home-Start Stirling's Cost of Living Project provides support to families of young children, specifically lone parents, those who live in a household where no one is employed, or families with three or more children. The charity adopts a bespoke and tailored 1-1 support to families on budgeting, managing household bills, energy advice and income maximisation. In addition to this, they also help families to access Tier 2 consultancy support from Citizen Advice for more complex situations involving issues such as debt management and legal issues.

The project also encourages families to come together and enjoy practical sessions which will develop parents and carers understanding of a range of ways they can save money and boost their social capital. In addition to all of this, and most importantly, the funding will enable the organisation to issue food and energy vouchers to families that have engaged in their Cost-of-Living Project.

HOME-START COWDENBEATH AREA, covers a wide semi-rural community in Central Fife extending from Kelty through to The Benarty Villages, Lochgelly, Cowdenbeath, Lumphinnans, Hill of Beath and Crossgates.

Each of these communities host pockets of combined deprivation which has been dramatically impacted by the current cost of living crisis. The organisation was awarded a grant of £3,000 by the Scottish Children's Lottery Trust.

Their activities have recently extended their referral criteria to families who have at least one child under age 8. Previously, the criteria was one child under the age of 5, and as such are now



supporting a larger number of school age children. Parents of children in this age group are expressing their fears over the cost-of-living crisis.

Amongst many fears expressed is the real concern about being able to keep up to date with washing their children's school clothing, which still in Covid recovery, includes a mix of sportswear and traditional school wear. Parents are telling the charity that they fear that rather than send their children in dirty, unwashed clothes and risk them being socially excluded and become the subject of bullying, they would just keep them at home.

To alleviate this potential impact on children, Home-Start Cowdenbeath Area offer parents (already assessed as in a dire financial situation and with deteriorating mental health problems)

the use of their project washing machine. The service includes a discreet pickup and delivery, with parents doing their own washing cycle within an allocated time slot.

The project also provides children with basic school uniforms, supplemental grants to parents to assist with utility bills and provide electric clothes dryers and dehumidifiers where necessary.





CHARITY FOCUS

SOLAR BEAR

Glasgow based theatre company Solar Bear, has established itself as a force of change within the cultural sector, and within the deaf community in Scotland. Inclusion and collaboration are central to their mission: "we reach out to those that are often excluded from the arts".

Solar Bear's ambition is to ensure accessible routes into the arts for all deaf performers, theatre makers and young people in Scotland. The organisation believes theatre should be welcoming to all and work strategically to create opportunities for those who are marginalised or disaffected.

Their core activities take place through three interwoven strands with each strand being shaped by its participants.

In December 2021, Solar Bear received a grant award of £15,000 from the Scottish Children's Lottery Trust to help re-ignite and grow their Deaf Youth Theatre, a long-term workshop programme for up to 15 young deaf people aged 12-21.



The workshops involve weekly sessions, plus an intensive summer project. Workshops are based on developing skills in devising, storytelling and acting. The work leads towards performances, films, sharings and other events.

In 2022, the organisation's main focus was on building back the number of participants who were able to access the workshops. Weekly attendance at the beginning of the year was limited and ranged between 4 to 5 young people. The charity worked hard to plan and deliver a number of outreach taster workshops in schools, in order to raise the profile of Deaf Youth Theatre and recruit new members.

The hard work started to pay off, springboarded by their summer project, which then grew into weekly workshops starting up again at Scottish Youth Theatre/Impact Arts in Glasgow, which saw an increase to 11 regular participants.

The funding received from the Scottish Children's Lottery Trust allowed the charity to achieve various outcomes throughout 2022:

- Over 30 weekly workshops which included participants devising and performing their own, original show, 'Where's My Granny?'
- Summer project: Mix & Match which was a series of visiting tutors delivered workshops introducing DYT members to



different skills, including filmmaking, prop-making, dance, physical theatre, devising.

- 4 outreach taster workshops at Clydevue Academy (Gourock); St Roch's (Glasgow); Windsor Park School (Falkirk); Deaf Action (Edinburgh).
- Recruitment and training of deaf co-director for DYT
- Theatre trips
- The introduction of a DYT social club which encouraged games, and conversation between the young people.
- The recruitment of a new, young trustee who was a previous member of DYT, with a remit to set up and run a steering group for DYT, starting in early 2023.

"It means a lot to me because it helps me to develop my skills and confidence. Lots of fun, games and practising my acting skills."

"Improved my skills, acting and became crazier than normal. A happy place as it doesn't have any limit for me. I could do anything without any barriers, I have freedom"

"It encourages us to have creative input"

"I have been here for 8 years, and I love to go to summer events with DYT. It was fun."



SCOTTISH CHILDREN'S LOTTERY

A NATION OF WINNERS

When asked why our players choose Scottish Children's Lottery over other lotteries, they say it's because it's local wins, by local people in support of our communities.

On top of the £7.3m raised for good causes across Scotland, our players have won over £11m in prizes!

Lots of players win every week in our weekly draws with £25,000 Jackpots up for grabs as well as the new Super Friday Raffle which gives players even more chances to win a big cash prize.

We want to make even more winners through our lottery and now subscribers who continue to support all our good causes have even more chances to enjoy a Jackpot win with the new £25,000 Monthly Draw and Annual Draw where up to £100,000 can be won, meaning four lucky players could hit the Jackpot.

Winning might be down to luck, but our players can be sure that there are lots of happy faces throughout the country thanks to their plays.

The Scottish Children's Lottery was launched to raise funds for, and improve the lives of, young people right across Scotland.

The Scottish Children's Lottery gives players the chance to win fantastic cash prizes, whether it be playing in our Monday and Thursday draws or our subscription game, Always IN! at the same time as donating to a range of good causes.

Every time you play the Scottish Children's Lottery, you are helping to support the great work that our charity undertakes.

To play or subscribe, or for more information, go to scottishchildrenslottery.com

The Scottish Children's Lottery Trust, which is a Scottish Charitable Incorporated Organisation – or SCIO – has been established to work with key projects relating to the health and welfare of children across Scotland, with a particular focus on alleviating child poverty.



CHARITY FOCUS



Projects with purpose - Helping students in the aftermath of a pandemic

Every young person should be supported to fulfil their potential. Their academic ability or having a disability shouldn't be a barrier but more often than not, it is.

For some, the transition from school to further education or employment can be daunting, especially when the classroom hasn't always felt like the easiest setting.

Luckily for young people in the Highlands, Strathspey Work – Grantown Remakery have been working with schools to support students who have suffered most from the effects of the pandemic.

In December 2021, the charity received £5,000 of Scottish Children's Lottery Trust funding to further develop the project which gives young people the opportunity to learn practical skills through recycling, repairing, and repurposing old furniture for reselling.

Tasks like measuring, carrying out stock counts and recording them have allowed the young people to develop their skills in maths and English in a hands-on way. While working on the furniture, the young people honed their concentration skills and creativity skills as they gave once wasted items a new lease of life.

This sense of accomplishment has increased their confidence massively which isn't surprising when the public are coming in to buy their creations to sit in pride of place in their homes!

The benefits of the project don't stop when the job's done... The young people have been able to put their teamwork and relationship building into practice with many moving onto college or work. For those that have returned to school, they've felt more accepted and had the confidence to join sporting groups.

From something as simple as upcycling, we've been able to help instil a sense of purpose and pride for these young people and enabled the charity to continue supporting even more in need.



GRANTS AWARDED IN 2022

In 2022, we distributed £723,821 through 186 grant awards to charities in Scotland.

This included, due to the overwhelming demand for support through our Cost-Of-living Crisis Fund in December 2022, providing an additional 20 charities in early 2023 with a collective grant award total of £64,500.

All charity awards are highlighted in the following pages.



Trauma Informed Parenting	£3,000
Uist Community Riding School	£1,500
Ayrshire Communities Education and Sport	£1,000
TOGS SCIO	£3,000
Kingsland Primary School Parent Council	£1,000
Awaz Voice of the community	£3,000
St Georges & St Peters Community Association	£2,286
Sports Driving	£3,000
Spartans Community Football Academy	£3,000
Glasgow Care Foundation	£2,000
Irvine Community Sports Club	£3,000
Touch of Love Outreach	£2,500
Dundee FC in the Community Trust	£1,200
Into Work	£3,000
Dunblane Youth and Sports Centre Trust	£2,500
Avenue Childcare Services	£3,000
Greenock & District Scout Council	£3,000
Carrick Rugby Football Club	£2,500
Ballsandboots	£2,500
Volunteering Matters	£3,000
Earthtime For All Ltd	£3,000
Relationships Scotland - Shetland	£3,000
Nurture Steps Ltd	£3,000
Children's Holiday Venture	£3,000
Govanhill Youth Club - Govan Hill Baths Community Trust	£3,000
Al Masaar SCIO	£3,000
Celtic FC Foundation	£10,000
Parkhead Youth Project	£1,800
Interest Link Borders	£1,500

Darvel Community Trust (SCIO)	£2,000
North Edinburgh Arts	£3,000
Comar	£1,000
Falkirk Vineyard Church	£4,000
AR26 Charity	£10,000
Parent to Parent	£8,000
Edinburgh Leisure	£10,000
Pleasance Theatres Trust Ltd	£6,000
Balintore & District Residents Group	£7,000
Lochaber Wheeled Sports Society	£20,000
Islay & Jura Community Enterprises Limited	£5,000
Scottish Families Affected by Alcohol and Drugs	£15,000
Cyrenians	£15,000
Stoneyburn and Bents Future Vision Group SCIO	£1,000
Carers Link East Dunbartonshire	£5,000
Fullarton Community Association	£10,000
When You Wish Upon a Star	£15,000
The Scottish Association for Mental Health	£10,000
Back to SchoolBank East Renfrewshire	£3,000
Igbo Welfare Union	£1,500
More Hope Foundation	£2,000
Feeling Strong SCIO	£1,000
South Ayrshire Women's Aid	£1,000
Home-Start East Lothian	£3,000
Take a Bow Development Trust	£2,000
Ochil Youths Community Improvement (OYCI)	£2,500
The Uphill Ski Club of Great Britain t/a Disability Snowsport UK	£3,000
Inverness Cathedral, dedicated to St Andrew	£1,000
Cornton Out Of School Care	£2,000

Biggar Youth Project SCIO	£7,000
Cerebral Palsy Scotland	£7,500
Pregnancy Counselling and Care (Scotland)	£7,500
FetLor Youth Club	£6,000
Wester Hailes Youth Agency	£7,500
Kindred Advocacy	£6,000
New Abbey Playpark Project SCIO	£4,000
Home-Start Stirling	£3,000
Maggie Keswick Jencks Cancer Caring Centres Trust	£7,000
Edinburgh Young Carers	£3,500
Bairness Baby Bank	£5,000
The Larder West Lothian	£8,000
The Anne Frank Trust UK	£7,500
Viewpark Family Centre Association Ltd	£7,000
Tagsa Uibhist (Uist Support) - Community Gardens	£7,000
Duke of Edinburgh's Award Perth and Kinross SCIO	£10,000
Autism and Neurodiversity North Scotland	£7,500
Branch Out Together formally Lothian Autistic Society	£6,300
The Dollywood Foundation UK	£5,000
Under the Trees Ltd.	£6,000
Cutting Edge Theatre	£7,500
Strathmore Community Rugby Trust	£5,000
Place2Be	£7,500
WHALE Arts Agency	£4,545
Deaf Action	£7,500
Highland Hospice	£7,500
Catrine Games Hall SCIO	£3,155
School of Hard Knocks	£3,000
The Miracle Foundation SCIO	£3,000
Who Cares? Scotland	£6,000

Tayside Council on Alcohol	£6,500
The Pennypit Community Development Trust	£3,000
Refugee Survival Trust	£6,500
Touch of Love Outreach	£4,000
The Pavilion (Greater Easterhouse)	£4,000
Fife Gingerbread	£4,000
Cumbernauld and Kilsyth Care	£4,000
Youth Connections	£4,000
With Kids	£4,000
Home-Start Renfrewshire and Inverclyde	£4,000
Community Renewal Trust	£4,000
Made4u in ML2	£4,000
The Pyramid at Anderston	£4,000
CLIC Sargent Cancer Care for Children (operating as Young Lives vs Cancer)	£4,000
Edinburgh City Youth Cafe	£4,000
Brechin Buccaneers	£4,000



Baby Bank Scotland (LBB) SCIO	£4,000
Move On	£4,000
For the Love Of a Child	£4,000
Love Learning Scotland SCIO - Love Gorgie Farm Foodbank	£4,000
St Georges & St Peters Community Association (Brighter East End)	£2,000
Home-Start Stirling	£2,380
Justness	£4,000
One Parent Families Scotland	£4,000
Home-start Cowdenbeath Area	£3,000
Sunshine Wishes Children's Charity	£4,000
Together for Short Lives	£4,000
East Ayrshire Carers Centre Ltd	£4,000
includem	£4,000
Stepping Stones For Families	£4,000
Whitlawburn Community Resource Centre	£4,000
Kilwinning Community Football Academy	£3,000
Barmulloch Community Development Company Limited	£1,930
The Halliday Foundation	£4,000
Celtic FC Foundation	£4,000
Govan Home and Education Link Project (Govan HELP)	£4,000
Pregnancy Counselling and Care (Scotland)	£4,000
Park Villa Football Development	£3,000
Cyrenians	£4,000
Hillhead Charity	£3,000
Dumfries and Galloway Befriending Project	£4,000
Diversified	£1,900
Kirkcaldy YMCA	£4,000
Home-Start East Lothian	£2,500
Deaf Action	£3,500
Children 1st	£4,000

The Pennypit Community Development Trust	£2,825
North Merchiston Club	£3,500
Four Square (Scotland)	£4,000
St Andrew's Cathedral	£3,000
Cosgrove Care	£4,000
CrossReach (The Church of Scotland)	£4,000
Catrine Community Trust	£3,500
Indigo Childcare Group	£4,000
Royston Youth Action	£4,000
Aberlour Child Care Trust	£4,000
The Scottish Football Partnership Trust	£3,000
Edinburgh: St Nicholas' Parish Church of Scotland	£3,000
Wester Hailes Youth Agency	£3,000
Perth Autism Support SCIO	£3,500
Berwickshire Swap SCIO	£3,000
Getting Better Together Ltd	£3,500
The Croft (Visitors' Support & Advice Centre, HMP Barlinnie)	£3,000

The Volunteer Tutors Organisation Scotland	£3,000
Contact A Family	£3,000
Tailor Ed Foundation	£4,000
BallsandBoots	£1,500
Hillhouse	£3,500
Connect Berwickshire Youth Project	£3,500
Langholm Playcare Ltd	£3,000
Under The Trees	£3,000
Methilhill Community Children's Initiative	£3,500
Community Food Initiatives North East	£3,000
Scotland Yard Adventure Centre (known as The Yard)	£4,000
Articulate Cultural Trust	£4,000
Maggie Keswick Jencks Cancer Caring Centres Trust	£3,500
Gorbals Youth Cafe	£3,000
Home Link Family Support -HLFS	£3,000
Aberdeen Foyer	£500
Ecologia Youth Trust	£500

Dundee and Angus ADHD Support Group	£500
St Crispin's Out of School Care Association Limited	£500
Friends of Seaview	£500
Signpost	£500
Al Masaar SCIO	£500
Dunblane Youth and Sports Centre Trust	£500
Pollok United	£500
Who Cares? Scotland	£500
Carers Link East Dunbartonshire	£500
REACH Lanarkshire Autism	£500
Gareloch RDA	£500
Uist Community Riding School	£500
Highland Group Riding for the Disabled Association (RDA) SCIO	£500
Tain and District Youth Cafe YMCA	£500
Scouts Scotland	£500
Irvine Community Sports Club	£500
The Moira Anderson Foundation - MAF	£500
Stoneyburn and Bents Future Vision Group	£500



"THANK YOU SO MUCH FOR TODAY AND ALL THE OTHER ONES TOO. I THINK I WOULD DEFINITELY HAVE GONE CRAZY WITHOUT YOU GUYS IN OUR LIVES".

SCOTTISH
CHILDREN'S LOTTERY

Pay **Maggie's**

Seven Thousand Pounds £ **7,000.00**

SCOTTISH
CHILDREN'S LOTTERY
Trust

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CHARITIES SUPPORTED IN 2022



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FIND US, CHAT TO US, CONNECT WITH US



Scottish Children's Lottery Trust

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To help us support more charities in 2023, visit
Scottish Children's Lottery at www.scottishchildrenslottery.com

Scottish Children's Lottery Trust is a Scottish Charitable Incorporated Organisation (SCIO), registered charity SC046177

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